

Chelsea E. Odil

MSN, APRN, PMHNP-BC

209 Myrtle Street
Nashville, TN

EDUCATION

University of Tennessee Knoxville, TN
Master of Science in Nursing, Psychiatric/Mental Health Nurse Practitioner 2017

Middle Tennessee State University Murfreesboro, TN
Bachelor of Science in Nursing, Cum Laude 2011

CLINICAL EXPERIENCE

The Willows Health and Recovery Nashville, TN
PMHNP-BC November 2021-Present

- Conduct diagnostic psychiatric interviews and medication management in a private practice setting
- Assess for psychiatric-mental health problems and prescribe appropriate medications
- Develop treatment plan and coordinate continued care with ongoing patients
- Provide psychoeducation to patients concerning evaluative outcomes, purposes of medications, and expected side-effects and benefits
- Provide brief psychotherapeutic interventions, in-office
- Assist patients in seeking other forms of treatment as necessary (i.e., psychotherapy, substance use treatment, acute in-patient hospitalizations, etc.)

Middle Tennessee State University Murfreesboro, TN
Adjunct Faculty May 2021-Present

- Serve as primary clinical instructor for PMHNP-MSN students
- Assign and grade clinical assignments at developmentally appropriate level based on students' clinical placement
- Coordinate with on-site preceptors to receive verbal and written performance evaluations of students
- Assess student skill level based on totality of clinical work for course including documentation of clinical encounters, case presentations, and diagnostic presentations

Saint Thomas Medical Partners—Saint Louise Clinic Murfreesboro, TN
PMHNP-BC August 2019-December 2022

- Provide outpatient treatment comprised of psychiatric evaluations, medication management, and brief psychotherapy for patients aged 10 and up
- Practice in a family medicine office using integrative health care model
- Serve as preceptor for PMHNP students and Pharmacy Residents
- Participate in training of other health professionals on integrative health care

- Guardian Angel award April 2022

Centerstone

Madison, TN

PMHNP-BC

January 2018-July 2019

- Practiced in outpatient adult and pediatric community mental health care facility
- Conducted psychiatric evaluations and medication management
- Worked alongside psychotherapists and social workers to provide case management services

Skyline Madison Psychiatric Hospital

Madison, TN

Float Pool Registered Nurse

August 2016-December 2017

- Worked as float pool RN at inpatient facility
- Provided patient care on acute psychiatric units, dual diagnosis/detox unit, adolescent psychiatric unit, mood and stress unit, and geriatric psychiatric unit
- Functioned as fill-in charge nurse, as needed
- Served as preceptor for RN students

Mental Health Cooperative

Cookeville, TN

PMHNP-MSN Clinical Rotation

August 2017-November 2017

- Trained in a child and adolescent psychiatry clinic
- Conducted psychiatric evaluations, medication management, and treatment planning

The Ranch

Nunnally, TN

PMHNP-MSN Clinical Rotation

January 2017-November 2017

- Worked as a trainee at treatment facility for substance use disorders, eating disorders, sex addiction, and other mental health disorders
- Facilitated groups
- Conducted psychiatric evaluations
- Participated in treatment planning

Neighborhood Health-Cayce Place

Nashville, TN

PMHNP-MSN Clinical Rotation

January 2017-April 2017

- Participated in integrative health model in outpatient primary care clinic for patients of all ages
- Conducted psychiatric evaluations
- Provided medication management
- Utilized telehealth modalities to improve access to care

Mental Health Cooperative

Murfreesboro, TN

Clinic Registered Nurse

April 2015-August 2016

- Practiced as team nurse for child and youth outpatient clinic
- Served as float nurse for all satellite locations and main campus in MetroCenter, as needed, to help in outpatient clinic
- Worked with adults and children

Monroe Carell Jr. Children's Hospital at Vanderbilt

Nashville, TN

Registered Nurse II

December 2012-April 2015

- Coordinated care for adolescent medicine patients, pediatric psychiatric patients, and pediatric surgical patients
- Earned FROG Award (For Recognition of Growth) during Nurses Week of 2014
- Served as preceptor for RN students and new employees

University Medical Center

Lebanon, TN

Registered Nurse

March 2012-November 2012

- Assessed, implemented, and evaluated care for patients on a Medical-Surgical floor
- Worked as charge nurse for 30 bed unit and up to 4 nurses and 2 nursing techs

LICENSURE & CERTIFICATIONS

ANCC Board Certified Psychiatric Mental Health Nurse Practitioner	2018
Advanced Practice Registered Nurse	TN License #23898
Registered Nurse	TN License #185778

AFFILIATIONS

American Psychiatric Nurses Association	April 2018-Present
American Association of Nurse Practitioners	April 2018-Present
American Nurses Association	November 2012-Present
Tennessee Nurses Association	November 2012-Present
Sigma Theta Tau Nursing Honors Society-Xi Alpha Chapter	May 2011-Present