

Curriculum Vitae

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EDUCATION

- **Vanderbilt University School of Nursing, Nashville, Tennessee**
Master of Science in Nursing
Psychiatric Mental Health Nursing throughout the lifespan
August 2013
- **Middle Tennessee State University, Murfreesboro, Tennessee**
Bachelor of Science in Nursing
May 1994

HONORS

- Sigma Theta Tau, Iota Chapter, 2011 to 2013

LICENSURE

- 2013- Present Psychiatric Mental Health Nurse Practitioner, Active
- 1994 – Present Registered Nurse, Tennessee, Active

PROFESSIONAL EXPERIENCE

- **The Willows Health and Recovery**
Co-owner and Psychiatric Mental Health Nurse Practitioner June 2016 – present
- **Athena Consulting**
Psychiatric Mental Health Nurse Practitioner April 2017 – December 2020

- **The Ranch**
Psychiatric Mental Health Nurse Practitioner, November 2013 – December 2019

- **Vanderbilt University Medical Center**
 Charge Nurse, Surgical Intensive Care Unit March 2003 – November 2013
 Staff Nurse, Surgical Intensive Care Unit July 2001 - March 2003
 Staff Nurse, Cardiac Cath Lab May 2000 - July 2001
 Research Nurse, Trauma Unit April 1999 - May 2000
 Charge Nurse, Trauma Unit August 1997 – December 1998
 Staff Nurse, Trauma Unit August 1997 - December 1998
 Charge Nurse, Surgical Step – Down Unit August 1995 - December 1996
 Staff Nurse Surgical Step – Down Unit August 1994 - December 1996
 Nurse Extern, Emergency Department May 1993 - June 1994

- **Tennessee Donor Services**
Organ Recovery Coordinator December 1998 - April 1999

- **Southern Hills Medical Center**
Staff Nurse, Intensive Care Unit June 1995 - August 1997

CERTIFICATIONS

- 2013-present Psychiatric Mental Health Nurse Practitioner – Board Certified
- 2014- present Designated Mandatory Pre-screening Agent
- 2004 - 2013 Advanced Cardiac Life Support, Instructor
- 2004 - 2006 Fundamentals of Critical Care Medicine, Instructor
- 1994 – Present Basic Life Support
- 1994 – Present Advanced Cardiac Life Support

PROFESSIONAL MEMBERSHIPS

- American Psychiatric Nurses Association
- Tennessee Nurses Association
- Society of Critical Care Medicine
- American Association of Critical Care Nurses

COMMITTEE MEMBERSHIPS

- Subject Matter Expert, Practice Analysis Task Force, American Academy of Nurse Practitioners National Certification Board 2022-2023
- Resuscitation Committee, Vanderbilt University Medical Center – 2007 to 2013
- Chair - Surgical Intensive Care Unit, Unit Board - Vanderbilt University Medical Center – 2005
- Co-Chair - Surgical Intensive Care Unit, Unit Board - Vanderbilt University Medical Center – 2004
- Cardiothoracic Clinical Issues - Vanderbilt University Medical Center, 2004

- Chair, Policy and Procedures Committee - Surgical Intensive Care Unit, Unit Board - Vanderbilt University Medical Center Unit, 2003
- Chair, Work life and Retention Committee Surgical Intensive Care Unit, Unit Board - Vanderbilt University Medical Center, 2002

OTHER PROFESSIONAL ACTIVITIES

- Group Facilitator, Nurse Residency Program – Vanderbilt University Medical Center
- The Center for Frontline Nursing Leadership Graduate – Vanderbilt University Medical Center
- Critical care in-service educator – Vanderbilt University Medical Center
- Legal Nurse Consultant
- 2006 participant of a medical mission trip to Mexico, coordinated by Kid's First

AWARDS

- Recipient of Preceptor of the Year Vanderbilt University School of Nursing 2017